**Review**: Biblical Priorities "Pop Quiz"

To wha	at degree have you taken <u>specific steps</u> in the following areas?
( <u>1</u> = none;	$\underline{2}$ = little; $\underline{3}$ = started and doing okay; $\underline{4}$ = making good progress; $\underline{5}$ = vigorously pursuing)
	<b>Objectives:</b> Moving from <b>vague ideas</b> to <b>specific decisions</b> about the kind of person I want to become and what I want to accomplish.
	<b>Priorities: Ordering my life</b> in such a way that the <b>important</b> and <b>eternal</b> are not forfeited by the "pressing" and the "urgent."
	<b>Schedule:</b> Determining specifically <b>how</b> and <b>when</b> I will place the important and eternal in my <b>daily life</b> .
	<b>Discipline:</b> Doing what needs to be done when it needs to be done (i.e. choosing to habitually <u>delay gratification</u> of short-term pleasures in order to more fully enjoy long-term success).
	Accountability: Enlisting the support of those who love me to help me keep my commitments to God.



# **Balancing Life's Demands** (Part 4)

...danger of \_\_\_\_\_\_.

## Warning: Personal Discipline Can Be Hazardous to Your Health

<u>Jesus' Warning</u>	g #1:			
In our pursuit of	"seeking first"	' <u>His righteousness</u>	there is	the

#### **Matthew 5 Overview**

The reward and character of His true followers 5:3-12

Salt and light – be worthy examples 5:13-16

Relationship of this new teaching to the Law of Moses 5:17-20

### True Righteousness (Matthew 5:20)

"You have heard it said... but I say to you..."

External Internal Doing Being Devotion Duty Performance Relationship Guilt Grace Letter **Spirit** Head Heart Head Heart



#### **Application of Matthew 5:20 to...**

- Murder 5:21-26
- Adultery 5:27-30
- Divorce 5:31-32
- Oaths 5:33-37
- Retribution 5:38-41
- Enemies 5:43-48

Summary: Jesus condemns	righteousness (spiritual activities
when it does not flow from	relationship with God.

#### Jesus' Warning #2:

In our pursuit of "seeking first" His righteousness there is also the...

...**danger of** \_\_\_\_\_\_. Matthew 6:1-18

- Giving Key Issue = \_\_\_\_\_ Matthew 6:1- 4
- Prayer– Key Issue = \_\_\_\_\_ Matthew 6:5-8
- Fasting Key Issue = \_\_\_\_\_ Matthew 6:16-18



# **Balancing Life's Demands** (Part 4)

## Warning: Personal Discipline Can Be Hazardous to Your Health

<u>St</u>	<b>immary</b> : Spiritual disciplines are	but become dangerous
		of men rather than deeper
ou	r with God.	
<u>A</u> į	oplication:	is God's method of keeping our motives pure.
<u>Di</u>	scussion Questions:	
1.	In brief, summarize the two princip spiritual lives: the principles of dist	les taught today with regard to discipline in our ortion and deception.
2.	How is it that even our efforts to drour relationship with God?	raw near <u>to</u> God can sometimes be destructive to
3.	What aspect of this message hit "o	closest to home" with you? Why?
4.		regard to our <u>will and effort, God's grace,</u> <u>e motives</u> as they relate to "seeking first" His v?

