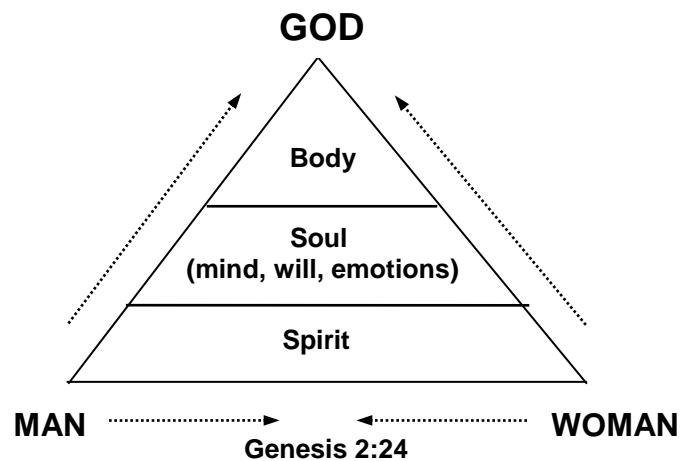


Introduction: Your marriage *can change* for the better

Review: The Picture, The Problem, The Process



Four keys to intimacy: The Game-plan

1. The fuel of _____ - "A lifelong choice of unconditional love."

- The mandate: Matthew 19:3-8
- The rationale:
- The how:
- Our model: Hebrews 13:5b

2. The oil of _____ - "A lifelong skill of learning to understand each other."

- The mandate: Ephesians 4:15-16
- The rationale:
- The how:
- Our model: Jeremiah 33:3

3. The tune-up of _____ - “An adventure of lifelong friendship, fun, and mutual fulfillment.”

- The mandate: Genesis 2:18
- The rationale:
- The how:
- Our model: Matthew 11:28

4. The navigational system of _____ - “A shared vision to impact the lives of others for Christ.”

- The mandate: Matthew 28:19-20
- The rationale:
- The how:
- Our model: Matthew 4:19

IMPORTANT REMINDER!!!

Personal Time + Supportive Friends + Renewing Activities =

A "Fully Alive" You → Full Battery → to be a _____.

Developing a personal game-plan for intimacy:

1. Tell your partner what kind of words and actions let you know that he/she is committed to you (i.e. pray together, set goals, lead financially, lead domestically, express affection, etc.) **How will each of you seek to demonstrate your commitment to one another on a weekly basis?**
2. When and what will you put into your daily/weekly schedule to facilitate ongoing communication in your marriage? **Set actual times and days.**
3. Plan a weekly activity to have fun and develop the friendship side of your marriage. Identify the activity, **jot down at least two specific things to do together.**
4. Identify three to four possible ways you and your mate (and even family) could demonstrate care and concern for others in the name of Christ. **Set a time to discuss how to put your service ideas into action.**
5. Who or what provides support and refreshment for you personally? **Talk about specific ways to arrange your home life so each partner has time and same sex friendships that refresh, support and replenish.**