

**Introduction:** There's an enemy that wants to kill, steal, and destroy our generation through our minds.

### **2 Corinthians 10:3-6**

<sup>3</sup> *For though we walk in the flesh, we are not waging war according to the flesh.*

- **There is a spiritual war that is waging against us and it's not of the flesh.**

<sup>4</sup> *For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.*

- **Repetitive negative thoughts build strongholds.**

<sup>5</sup> *We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,*

- **God gives us the power to destroy strongholds.** Romans 12:2

<sup>6</sup> *being ready to punish every disobedience, when your obedience is complete.*

- **The sum of our lives will be rooted in what we think about.** Proverbs 23:7a

### **Application / Discussion Questions:**

1. What do you find yourself thinking about the most?
2. What keeps you from believing you can control your thought life?
3. What steps can you take to actively take your thoughts captive?
4. Read 2 Corinthians 10:3-6. What truths from this passage resonate the most to you and why?

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