Introduction: Dealing with the damage of divorce

1. Unresolved issues

2. Overwhelming emotions

3. Lifestyle adjustments

Four stepping stones to recovery:

1. **Find Hope** - that won’t let you down.
   - Action step: Set your hope on __________________________.  
     Matthew 11:28-30

2. **Find Peace** - by closing the wound.
   - Action step: Put your __________________________ behind you.  
     Ephesians 4:31-32

3. **Find Love** - by shunning short-cuts.
   - Action step: Avoid the pitfalls of __________________________.  
     Proverbs 16:25

4. **Find a Future** - by building a healthy relationship.
   - Action step: Do your next relationship God’s way.  
     Ephesians 5:1-2