

## Introduction: Dealing with the damage of divorce

1. Unresolved issues
2. Overwhelming emotions
3. Lifestyle adjustments

## Four stepping stones to recovery:

1. **Find Hope** - that won't let you down.

➤ Action step: Set your hope on \_\_\_\_\_ . Matthew 11:28-30

2. **Find Peace** - by closing the wound.

➤ Action step: Put your \_\_\_\_\_ behind you. Ephesians 4:31-32

3. **Find Love** - by shunning short-cuts.

➤ Action step: Avoid the pitfalls of \_\_\_\_\_ . Proverbs 16:25

4. **Find a Future** - by building a healthy relationship.

➤ Action step: Do your next relationship God's way. Ephesians 5:1-2