10 Ways to be an Exceptional Parent In a Quick Fix World

Doug Fields

Sr. Director, HomeWord Center for Youth and Family

The five Cs we wanted for our kids:

| 1. | C |
|----|--|
| | They would feel good about themselves and they would know who they are because of whose they are. |
| 2. | c |
| | They would have a moral compass of values - making decisions of integrity, informed by an understanding of right and wrong. |
| 2 | c |
| J. | They would have beliefs grounded on biblical truth, internalized to the point of intentional action. |
| 4. | C |
| | They would be secure enough to focus on others and their needs. |
| 5. | c |
| | They would be able to function and thrive knowing they have God-given gifts. Having developed some skills, that they would become effective contributors to the world around them. |



Intentional Parenting

(Part 1)

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Ten actions kids need from caring adults

| #1: <u>St</u> | trong | – In your role | e as a parent (or a | adult of influenc | e). | |
|---------------|--|----------------------|--|-------------------|--|--|
| • | When you we | lcome a child, yo | u | | | |
| | arms, He | | • | • | hem. Taking the child in His of these little children in My Mark 9:36-37 | |
| • | Children are a | ı | and a | 1 | from the Lord. | |
| | Like arrow | rs in the hand of a | of the Lord; the fru a warrior so are th nose quiver is full o | e children of on | | |
| • | God gives chi | ldren to be | and | on His t | pehalf. | |
| #2: <u>O</u> | ngoing | – Affecti | on must be provid | led consistently | and appropriately. | |
| | Be devoted to one another in love. Honor one another above yourselves. | | | | | |
| | | | | | Romans 12:10 | |
| • | When children | n are: | | | | |
| | o Young - th | ey hug easily | | and enj | oy it while it lasts. | |
| | o Older - the | ey tend to resist | · | and do | n't become passive | |
| | aggressive |) . | | | | |
| • | An unaffection | nate father will pro | oduce: | | | |
| | o Boys who | don't know how t | o express themse | lves emotional | y. | |
| | o Girls who | will express them | selves sexually. | | | |



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|): <u>El</u> | - Children are starving for the fuel of encouragement |
|--------------|--|
| • | Children their need for encouraging words |
| | Thoughtless words cut deeply like a thrusting sword. But the speech of the wise is a healing balm. Proverbs 12:18 |
| • | Words have the ability to a child's life for the positive or the negative |
| | When you see something positive, say it! |
| | If you're constantly on their case about stuff, you are conditioning them to avoid you. |
| • | Key: Don't encouragement back and you won't be disappointed |
| • | A lot of language directed at kids is either: |
| | Shame oriented |
| | Performance oriented |
| Sc | when they hit a homerun or they strike out, the encouragement is the |
| <u>"I</u> | ove watching you play!" |



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Encourage toward those five Cs:

• Confidence: "I thought you were very brave... diving in when you were scared."

• Character: "I'm amazed at how patient you are with your little brother."

• <u>Compassion</u>: "I noticed that mom didn't want to get up from the couch and

you got the remote for her. I love seeing you serve other people."

Conviction: "I was really proud of the way you spoke up about what's

important to you."

Competence: "I can see the progress you're making. Your hard work is showing."

The words of the wicked are like a murderous ambush. But the words of the godly save lives.

Proverbs 12:6

A good person produces good words from a good heart and an evil person produces evil words from an evil heart. Matthew 12:35

My story...

- When Jesus changed my heart, my parenting changed.
- The best help will come up short if you don't understand how God sees you... because you wind up parenting from –
 - o a wounded heart
 - a broken heart
 - a wrong identity

Follow God's example, therefore, as dearly loved children. Ephesians 5:1

