10 Ways to be an Exceptional Parent In a Quick Fix World

Sr. Director, Homeword Center for Youth and Family

#### Review: The five Cs we wanted for our kids:

1.	C			
	They would feel good about themselves and they would know who they are because of whose they are.			
2.	C			
	They would have a moral compass of values - making decisions of integrity, informed by an understanding of right and wrong.			
3.	C			
	They would have beliefs grounded on biblical truth, internalized to the point of intentional action.			
4.	C			
	They would be secure enough to focus on others and their needs.			
5.	C			
	They would be able to function and thrive knowing they have God-given gifts. Having developed some skills, that they would become effective contributors to the world around them.			
Tε	en actions kids need from caring adults			
#1	: <u>Strong</u> – In your role as a parent (or adult of influence).			
#2	: <u>Ongoing</u> – Affection must be provided consistently and appropriately.			
#3	: <u>Encouraging</u> – Children are starving for the fuel of encouragement.			



# Intentional Parenting

(Part 2)

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#4:	<u>Serious</u>	_ – Fun and play	their anxiety, help
		diminish their fears, and lesse	en their hostility and
		anger.	
•	Lighten up and	some fun.	
	A cheerful heart is good medic person's strength.	cine. But a broken spirit saps a	
	,		Proverbs 17:22
	A glad heart makes a happy fa	ace.	Proverbs 15:13
			1 1000100 10.10
#5:	<u>Delicate</u>	_ – Biblical discipline is	with
		love, not	in anger.
•		s discipline and don't be upset w corrects those He loves, just as	
			Proverbs 3:11-12
	To discipline a child produces an undisciplined child.	s wisdom, but a mother is disgra	ced by
			Proverbs 29:15
	<u>Warnings</u> :		
	First, learn to discipline and	d not be	
	Scolding and nagging, ma	ke them angry and resentful.	
		the loving discipline the Lord Hin	
	approves with suggestion	s and godly advice.	Ephesians 6:4



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Angry discipline	in: humiliation, embarrassment, and violence
Angry discipline	: angry kids
When discipline is done in	anger, children don't hear your words,
they you	r
Perfect love casts out fea	r. 1 John 4:18
Second, be	"Think it through."
Wisdom says:	
	tion, I am going to or
2) I am going to work hard	to
3) I am going to bring disc	ipline regardless of their
	consequence clearly communicated
ahead of time connected to	the offense. ""
#6: Activated	– It must be and it must be
Question: How do I know if my ki	d is irresponsible? <u>Answer</u> : A,B,Cs
<u>A</u> – <u> </u>	for-me" mentality



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•	We must	_ our kids to experie	ence some of the	that goes
	with poor choices.			
•	Help them:			
	<ul> <li>Move from infantile _</li> </ul>		to healthy	
	o Understand there is	a	between what	they do and what
	happens to them.			
•	Consequences	self-	esteem.	
	When kids realize th "I have power and I		s consequences, they le	arn:
	•	•	ad and takes precaution. he consequences.	
Re	esponsibility begins to be	formed when childr	en are little and you	
	·		on the consequence	es connected to
th	e boundaries. Otherwise,	they don't learn any	ything about	·
•	God's	is infinite.		
	Follow God's example,	therefore, as dearly	loved children.	Ephesians 5:1
•	People who know that t	hey are dearly	are able to	dearly.

