

Five Seasons of Motherhood:

1. The season of beginnings

If you remain in Me and My words remain in you, ask whatever you wish, and it will be done for you.

John 15:7 (NIV)

➤ What did I learn?

- How to _____.
- God will be _____ to meet every need we have.
- God wants to answer when we _____ to Him.

2. The season of my quiver is full

⁵Love the Lord your God with all your heart and with all your soul and with all your strength. ⁶These commandments that I give you today are to be on your hearts. ⁷Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

Deuteronomy 6:5-7 (NIV)

➤ What did I learn?

- God wants to be our _____ and His Word, the Bible, is our _____.
- The only way we can _____ God speak to us, and to learn His truth, is to be in His Word _____.
- God wants our children to experience that He is the _____ of our homes.

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3. The season of giving them wings

²⁵Near the cross of Jesus stood His mother, His mother's sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶When Jesus saw His mother there, and the disciple whom He loved standing nearby, He said to her, "Woman, here is your son," ²⁷and to the disciple, "Here is your mother." From that time on, this disciple took her into his home.

John 19:25-27 (NIV)

➤ What did I learn?

- Jesus truly _____ for mothers. He cares about how we feel and about our griefs.
- God has a _____ for our children and their future.
- God has a _____ for us! Your life _____ over.
- God wants us to _____ our children to Him by praying for them regularly.

4. The season of adult children or the empty nest

⁵Trust in the LORD with all your heart and lean not on your own understanding;
⁶in all your ways submit to Him, and He will make your paths straight.

Proverbs 3:5-6 (NIV)

➤ What did I learn?

- God is _____ sufficient to meet all our needs.
- God is _____ teaching and leading us.
- God has _____ for us to do.

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- God has guidelines to help us be great moms for our kids.
 1. Regularly _____ for our children.
 2. Spiritually _____ our children.
 3. Consistently be a _____ _____ for our children.
 4. Make it a practice to _____ with our children!
 5. Deeply and meaningfully _____ with our children.
 6. Regularly _____ with our children.

⁵*Trust in the LORD with all your heart and lean not on your own understanding;*
⁶*in all your ways submit to Him, and He will make your paths straight.*

Proverbs 3:5-6 (NIV)

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5. The season of old age

Even to your old age I will be the same, and even to your graying years I will bear you! I have done it, and I will carry you; and I will bear you and I will deliver you.

Isaiah 46:4 (NASB)

➤ What did I learn?

- God will _____ . His promises to sustain and protect us are _____ !
- God _____ us and _____ for us in each season of life.

Other LOTE resources taught by Theresa Ingram:

Precious in His Sight: Seeing Me, Through Jesus' Eyes

Theresa Ingram helps women understand that they are fully forgiven, deeply loved, and have great worth because of their relationship with Christ. We all spend many hours, days, or even years, trying to be someone significant, only to realize we often don't like the person we see in the mirror. Little do we know how precious we are in God's sight.

He Holds Me Forever

Do you ever wish that you could experience love and relationships at a deeper level? For most of us, giving and receiving love in a healthy, God-honoring, and others-centered way does not come easily or naturally. Theresa Ingram shares her journey through broken relationships and a painful past that drove her to discover the truth about love and relationships, and how that discovery has set her free to love others and herself.