Five Seasons of Motherhood:

1. **The season of beginnings**

   *If you remain in Me and My words remain in you, ask whatever you wish, and it will be done for you.*

   John 15:7 (NIV)

   ➢ What did I learn?

   • How to ____________________.

   • God will be ____________________ to meet every need we have.

   • God wants to answer when we ___________ ___________ to Him.

2. **The season of my quiver is full**

   *Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.*

   Deuteronomy 6:5-7 (NIV)

   ➢ What did I learn?

   • God wants to be our ____________________ and His Word, the Bible, is our ____________________.

   • The only way we can ________________ God speak to us, and to learn His truth, is to be in His Word ____________________.

   • God wants our children to experience that He is the ________________ of our homes.
3. The season of giving them wings

25Near the cross of Jesus stood His mother, His mother’s sister, Mary the wife of Clopas, and Mary Magdalene. 26When Jesus saw His mother there, and the disciple whom He loved standing nearby, He said to her, “Woman, here is your son,” 27and to the disciple, “Here is your mother.” From that time on, this disciple took her into his home.

John 19:25-27 (NIV)

What did I learn?

- Jesus truly _______________ for mothers. He cares about how we feel and about our griefs.
- God has a _______________ for our children and their future.
- God has a _______________ for us! Your life _____________ over.
- God wants us to _______________ our children to Him by praying for them regularly.

4. The season of adult children or the empty nest

5Trust in the LORD with all your heart and lean not on your own understanding; 6in all your ways submit to Him, and He will make your paths straight.

Proverbs 3:5-6 (NIV)

What did I learn?

- God is _______________ sufficient to meet all our needs.
- God is _______________ teaching and leading us.
- God has _______________ for us to do.
God has guidelines to help us be great moms for our kids.

1. Regularly ___________________ for our children.

2. Spiritually ___________________ our children.

3. Consistently be a ___________ ___________ ___________ for our children.

4. Make it a practice to ___________ ___________ with our children!

5. Deeply and meaningfully ___________________ with our children.

6. Regularly ___________ _______ ___________ with our children.

5 *Trust in the LORD with all your heart and lean not on your own understanding;  
6 in all your ways submit to Him, and He will make your paths straight.*  

Proverbs 3:5-6 (NIV)
5. The season of old age

*Even to your old age I will be the same, and even to your graying years I will bear you! I have done it, and I will carry you; and I will bear you and I will deliver you.*

Isaiah 46:4 (NASB)

➢ What did I learn?

- God will ______________ ______________. His promises to sustain and protect us are ________________

- God __________ us and __________ for us in each season of life.

Other LOTE resources taught by Theresa Ingram:

**Precious in His Sight: Seeing Me, Through Jesus’ Eyes**

Theresa Ingram helps women understand that they are fully forgiven, deeply loved, and have great worth because of their relationship with Christ. We all spend many hours, days, or even years, trying to be someone significant, only to realize we often don't like the person we see in the mirror. Little do we know how precious we are in God's sight.

**He Holds Me Forever**

Do you ever wish that you could experience love and relationships at a deeper level? For most of us, giving and receiving love in a healthy, God-honoring, and others-centered way does not come easily or naturally. Theresa Ingram shares her journey through broken relationships and a painful past that drove her to discover the truth about love and relationships, and how that discovery has set her free to love others and herself.