

**Introduction – Coaching tip #1:** Everyone **NEEDS** a coach.

- Good coaches have lived through more, care about you, and have an objective lens.
- Good coaches speak the truth when you desperately need to hear it.

**The context – historical and relational**

**From whom, to whom, why, and when?**

Paul is writing to Timothy during the time Christianity is just getting birthed and when Nero is persecuting Christians around 62-64 A.D.

**Paul's coaching for Timothy**

1 Timothy 1

- A tender tone. 1 Timothy 1:1-2
- A strong reminder. 1 Timothy 1:3-5
- A brief teaching. 1 Timothy 1:6-11
- A personal testimony. 1 Timothy 1:12-17
- A personal challenge – Fight the good fight! 1 Timothy 1:18-20

**The coaching “nuggets” – If you don’t remember anything else...**

**The truth:**

1. The goal of our instruction is love from: 1 Timothy 1:5
  - A **PURE** heart.
  - A **GOOD** conscience.
  - A **SINCERE** faith.
  - Love is giving another person what they need the most when they deserve it the least at great personal cost.
  
2. Christ Jesus came into the world to save sinners 1 Timothy 1:15

**Our response:** 1 Timothy 1:18-19

- **FIGHT** the good fight.
- Keep the **FAITH** and a good **CONSCIENCE**.
- Some have rejected and suffered shipwreck in regard to their **FAITH**.
  - Be careful with what you allow into your mind; don’t allow faith to drift or be pulled away.

## Paul's coaching for us

**The subject:** False teachers and teaching.

**The underlying issue:** Truth – According to the Gospel.

**The underlying question:** Am I willing to defend the truth of God's Word in a hostile environment?

**The action required:** Step UP!

**The unspoken need:** To develop CONVICTIONS.

**How?**

1. **Head** = Know the Truth – Word

John 17:17  
2 Timothy 2:15

2. **Heart** = Live the Truth – Mentor

John 8:31-32  
Hebrews 3:13

3. **Hands** = Share the Truth – Practice

Matthew 28:18-20  
2 Timothy 4:1-2

**Discussion Questions:**

1. Who is someone in your life that has coached you in some sort of way? What was most impactful about their coaching?
2. We all need people that will: tell us the truth, love us when we don't deserve it, help us understand our season of life, and motivate us to take the next step. Are you doing this for someone? Who is God leading you to coach? What steps can you take this week to start investing in that person?
3. Where is God calling you to step up in your family? At work or school? In your neighborhood? At church? What are some practical steps you can take to be a mentor in each of these areas?
4. Is what you are putting into your mind leading you to keep the faith and a good conscience? What changes do you need to make so that you can "fight the good fight?"
5. How are you defending the truth of God's Word in a hostile environment?

**Introduction** – Coaching tip #2: Coaching only **HELPS** humble learners.

**The context – the historical situation**

- Nero is the emperor.
- Women are viewed as property.
- Cults are flourishing.

**Paul's coaching for Timothy**

1 Timothy 2

- An urgent priority – Prayer 1 Timothy 2:1-2
- God's bigger purpose – Salvation 1 Timothy 2:3-7
- Application for men in the house church worship. 1 Timothy 2:8
- Application for women in the house church worship. 1 Timothy 2:9-15

**The coaching “nuggets” – If you don’t remember anything else...**

**The truth:**

*<sup>3</sup> This is good and acceptable in the sight of God our Savior, <sup>4</sup> who desires **all** men to be saved and to come to the knowledge of the truth. <sup>5</sup> For there is one God, and one mediator also between God and men, the man Christ Jesus, <sup>6</sup> who gave Himself as a ransom for **all**, the testimony given at the proper time. <sup>7</sup> For this I was appointed a preacher and an apostle (I am telling the truth, I am not lying) as a teacher of the Gentiles in faith and truth.*

1 Timothy 2:3-7

**Our response:**

*<sup>8</sup> Therefore I want the men in every place to **pray**, lifting up holy hands, without wrath and dissension.*

1 Timothy 2:8

**Paul's coaching for us**

2 Timothy 3:16-17

**The subject:** Power – “How to fight the good fight” in a culture of persecution and suspicion.

**The underlying issue:** Love from a pure heart – revealed in conduct and practices to promote the Gospel ahead of personal.

**The underlying question:** Am I willing to follow Jesus' example of love and return good for evil to those in positions of authority in my life?

**The action required:** Step **DOWN!**

- Kneel and pray.
- Release anger and resentment.
- Refuse to verbally attack or disrespect those who oppose you.

**The unspoken need:** To develop **HUMILITY.**

**How?**

1. **Head** = Know the Truth – Word

Matthew 5:43-48  
Philippians 2:5-11

2. **Heart** = Live the Truth – Mentor

Mark 10:45  
Philippians 2:3-5

3. **Hands** = Share the Truth – Practice

Luke 10  
Romans 12:14-21

**Discussion Questions:**

1. Why is it so important to pray for *all* people? How can you humbly pray, intercede, and give thanks for those whom you disagree with?
2. How do you exert power from the inside out (being “salt and light”) to bring about change in a culture of persecution and suspicion?
3. What practical steps can you take to humbly follow Jesus’ example of love and return good for evil?
4. A wise mentor told Chip, “Stop trying to be humble and be a servant.” How is God asking you to serve the people in your life?



**Review:**

**Coaching tip #1:** Everyone needs a coach.

**Coaching tip #2:** Coaching only helps humble learners.

**Coaching tip #3:** If you aim at **NOTHING**, you'll hit it every time.

**The context – Leadership crisis in the Church**

**Paul's coaching for Timothy**

1 Timothy 3

- Church leadership is a high, noble calling. 1 Timothy 3:1
- Qualifications for elders. 1 Timothy 3:2-7
- Qualifications for deacons. 1 Timothy 3:8-13
- Second personal challenge – develop Christ-like leaders! 1 Timothy 3:14-16

**The coaching “nuggets” – If you don’t remember anything else...**

**The truth:**

<sup>15</sup> ... I write so that you will know how one ought to **conduct himself in the household of God**, which is the church of the living God, the pillar and support of the truth.

<sup>16</sup> By common confession, great is the mystery of godliness:

*He who was revealed in the flesh,  
Was vindicated in the Spirit,  
Seen by angels,  
Proclaimed among the nations,  
Believed on in the world,  
Taken up in glory.*

1 Timothy 3:15-16

**Our response:**

<sup>1</sup> ... if any man aspires to the office of **overseer**, it is a fine work he desires to do. <sup>2</sup> An overseer, then, **must be above reproach**...

1 Timothy 3:1-2a

## **Paul's coaching for us**

**The subject:** Leadership in the Church

**The underlying issue:** Integrity – beyond being honest; the integration of your faith in every area of life and relationships.

**The underlying question:** Am I willing to “set my heart” to become a godly person and fulfill God’s purpose for my life?

**The action required:** Step **IN!**

- Do a personal inventory.
- Revisit your life goals.
- How does God measure success?

**The unspoken need:** To develop **CHARACTER**.

**How? = B.I.O. – The path to spiritual maturity**

1. Come **Before God** daily = to make **knowing** Christ your #1 priority.  
Romans 12:1-2  
Matthew 6:33
2. Do life **In community** weekly = to go **deep**, be **honest**, and get **support** to live out your faith every day in every way.  
Romans 12:9-13
3. Be **On mission** 24/7 = **serve** your family, neighbors, and workers, and deploy your spiritual gifts in the body.  
Romans 12:3-8

**Discussion Questions:**

1. What do your actions, time, and finances reveal about what your heart is set on?
2. How are you conducting yourself in the “household of God?” How can you integrate your faith in every area of life and in your relationships?
3. What’s keeping you from “setting your heart” to become a godly person and fulfill God’s purpose for your life?
4. Chip talked about *B.I.O.* being the pathway to godliness. Write down how you will practically live it out:

**Before God daily:** offering your body as a living sacrifice and seeking God’s Kingdom first.

**In community weekly:** going deep, being honest, and being authentic.

**On mission 24/7:** showing up as a servant.

**Introduction** – **Coaching tip #4:** Adversity will either **MAKE** you or **BREAK** you.

**The context – why some “fall away”**

**Paul’s coaching for Timothy**

1 Timothy 4

- Description of false teachers. 1 Timothy 4:1-5
- Prescription to be a true teacher. 1 Timothy 4:6-10
- Third personal challenge – lead by example! 1 Timothy 4:11-16

**The coaching “nuggets” – If you don’t remember anything else...**

**The truth:**

*...**some will fall away** from the faith, paying attention to deceitful spirits and doctrines of demons*

1 Timothy 4:1

*For it is for this we labor and strive, because **we have fixed our hope** on the living God, who is the Savior of all men, especially of believers.*

1 Timothy 4:10

**Our response:**

- *...**Discipline yourself** for the purpose of godliness* 1 Timothy 4:7
- ***Do not neglect** the spiritual gift within you...* 1 Timothy 4:14
- ***Take pains** with these things; **be absorbed** in them, so that your progress will be evident to all. **Pay close attention** to yourself and to your teaching; **persevere** in these things...*

1 Timothy 4:15-16

## **Paul's coaching for us**

**The subject:** Godly leadership amidst spiritual warfare.

**The underlying issue:** Timothy's personal growth and development.

**The underlying question:** Am I willing to pay the price to be a godly person and fulfill God's calling on my life?

**The action required:** Step **OUT!**

- Go into spiritual training.
- Discover your spiritual gift.
- Find a mentor, friend, a band of brothers/sisters.

**The unspoken need:** To develop **DISCIPLINE.**

**How?**

1. **Head** = Know the source of discipline – Grace

Titus 2:11-13  
Galatians 5:22-23

2. **Heart** = Embrace the process – Accountability

Hebrews 12:11  
1 Corinthians 9:23-27

3. **Hands** = Practice the habits – Consistency

Romans 12:2  
Colossians 3:12-17

**Discussion Questions:**

1. How do you typically respond to adversity?
2. What hinders you from fulfilling God's calling on your life?
3. How is God calling you to step out to be an example and not worry about what others think?
4. Do you know what spiritual gift God has equipped you with? How is He calling you to use it? (For more information on spiritual gifts, check out *Your Divine Design* resources at [livingontheedge.org](https://livingontheedge.org))
5. Write out the habits of discipline you will start to put into practice this week.
6. Who will you ask to keep you accountable? And who can you keep accountable?



**Introduction** – **Coaching tip #5:** No amount of gifts or brains can make up for a lack of **EMOTIONAL INTELLIGENCE**.

**The context – people and problems in Ephesus**

**Paul's coaching for Timothy**

1 Timothy 5

- How to treat all people. 1 Timothy 5:1-2
- How to treat widows. 1 Timothy 5:3-16
- How to treat elders. 1 Timothy 5:17-20
- Fourth personal challenge – lead wisely and fairly! 1 Timothy 5:21-25

**The coaching “nuggets” – If you don’t remember anything else...**

The truth:

*...to **maintain these principles** without bias, **doing nothing** in a spirit of partiality.*

1 Timothy 5:21

Our response:

*<sup>1</sup> **Do not sharply rebuke** an older man, but rather **appeal to him** as a father, to the younger men as **brothers**, <sup>2</sup> the older women as **mothers**, and the younger women as **sisters**, in all purity.*

1 Timothy 5:1-2

## **Paul's coaching for us**

**The subject:** Relationships in the Church.

**The underlying issue:** Wisdom – what to do, when, how, and why.

**The underlying question:** Am I willing to address the relational challenges in my home, work, and church?

**The action required:** Step **INTO!**

- Memorize 1 Timothy 5:1-2 until it's in both your head and heart.
- Get wise, outside counsel.
- Develop a plan and timeline to act.

**The unspoken need:** To develop **COURAGE**.

**How?**

1. **Head** = Know the Truth – Word

Joshua 1:9  
Proverbs 17:17

2. **Heart** = Live the Truth – Mentor

Matthew 7:1-6  
Galatians 6:1-2

3. **Hands** = Share the Truth – Practice

Proverbs 27:17  
Ephesians 4:11-16

**Discussion Questions:**

1. According to 1 Timothy 5:1-2, we're to treat all people with respect. How are you doing with that? Where do you need to improve?
2. Chip defined emotional intelligence as "being able to relate to people by understanding where they're coming from, and then doing the right thing, at the right time in the right way." Why is that important?
3. To develop courage we must know, live, and share the truth. Which one of these areas do you need to *step into* today?
4. Is God calling you to courageously address any relational challenges at home, work/school, or church? How will you lovingly step into it?

**Introduction** – **Coaching tip #6:** Know your opponent **WELL**; and your own weaknesses **BETTER**.

**The context – Teaching, trials, and temptation**

**Paul's coaching for Timothy**

1 Timothy 6

- The truth about false teachers. 1 Timothy 6:3-8
- A warning and positive charge. 1 Timothy 6:9-16
- A word to the wealthy. 1 Timothy 6:17-19
- Fifth personal challenge – finish well! 1 Timothy 6:20-21

**The coaching “nuggets” – If you don’t remember anything else...**

**The truth:**

<sup>14</sup> that you keep the commandment without stain or reproach **until the appearing of our Lord Jesus Christ**, <sup>15</sup> which He will bring about at the proper time—He who is the blessed and **only Sovereign**, the **King of kings** and **Lord of lords**, <sup>16</sup> who alone possesses immortality and dwells in unapproachable light, whom no man has seen or can see. **To Him be honor and eternal dominion! Amen.**

1 Timothy 6:14-16

**Our response:**

<sup>10</sup> For the **love of money** is a root of all sorts of evil, and **some by longing for it** have wandered away from the faith and pierced themselves with many griefs.

<sup>11</sup> **But flee from these things**, you man of God, and **pursue righteousness, godliness, faith, love, perseverance and gentleness.** <sup>12</sup> **Fight the good fight of faith; take hold of the eternal life to which you were called**, and you made the good confession in the presence of many witnesses.

1 Timothy 6:10-12

## **Paul's coaching for us**

**The subject:** God and money – false and true teaching.

**The underlying issue:** Motives and loyalty to Christ to the very end.

**The underlying question:** Am I willing to be content with what I have at any given time? Do I make decisions based on God's will, or the world's values?

**The action required:** Step **AWAY!**

- Do a personal inventory of your finances.
- Read or take a course on biblical finances.
- Align your money with God's principles.

**The unspoken need:** To develop a **SPIRITUAL FINANCIAL GAMEPLAN.**

**How?**

- |  |                                   |
|--|-----------------------------------|
| 1. <b>Head</b> = <u>Know</u> the Scripture's teaching on money – Word              | Matthew 6:19-24<br>Psalm 50:10-12 |
| 2. <b>Heart</b> = <u>Live</u> the 10, 10, 80 plan – Faith                          | Luke 6:38<br>Proverbs 3:9-10      |
| 3. <b>Hands</b> = <u>Share</u> your entire financial plan with a mentor – Practice | Matthew 13:22<br>Proverbs 3:13-22 |

**Discussion Questions:**

1. According to your finances and where you spend your time, where does your contentment come from?
2. What does the Scripture teach about money according to Matthew 6:19-24? How do these truths change your perspective on money?
3. What changes do you need to make to live the ten-ten-eighty principle (give the first ten percent to the Lord, save the next ten percent, and live on the eighty percent)?
4. How will you structure your life and money to protect your heart from being deceived?