

True Spirituality

Becoming a Romans 12 Christian
Part 4 – Sober in Self Assessment

How to Come to Grips with
The Real You
Romans 12:3 - 8

Three questions we all ask ourselves:

1. Who am I? (Identity)
2. Where do I belong? (Security)
3. What am I supposed to do? (Significance)

Why is it so hard to answer these questions?

⁸They heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.

⁹Then the LORD God called to the man, and said to him, "Where are you?"

¹⁰He said, "I heard the sound of You in the garden, and I was afraid because I was naked; so I hid myself."

¹¹And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?"

¹²The man said, "The woman whom You gave to be with me, she gave me from the tree, and I ate."

¹³Then the LORD God said to the woman, "What is this you have done?" And the woman said, "The serpent deceived me, and I ate."

Genesis 3:8-13

Three obstacles to getting right answers:

1. Fear rooted in _____.
2. Hiding rooted in _____.
3. Blaming rooted in _____.

God's Answers:

Romans 12:3-8

1. Who are you?

Romans 12:3

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.

The Command: Think _____ about yourself.

2. Where do you belong?

Romans 12:4-5

⁴Just as each of us has one body with many members, and these members do not all have the same function, ⁵so in Christ we who are many form one body, and each member belongs to all the others.

The Reason: You have a _____ to fill.

3. What are you supposed to do?

Romans 12:6-8

⁶We have different gifts, according to the grace given us. If a man's gift is prophesying, let him use it in proportion to his faith. ⁷If it is serving, let him serve; if it is teaching, let him teach; ⁸if it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully.

The Practice: Discover and _____ your spiritual gift.

Never forget who you really are!

1. God uniquely created you – you are _____.
Psalm 139:13-14
2. God placed you in His family – you are _____.
Ephesians 3:19-22
3. God gifted you to fulfill His purpose – you are _____.
Ephesians 2:10

Personal Application Questions:

1. On a scale of 1 – 5, how accurately do you tend to think of yourself?
Why? Why not?
2. On a scale of 1 – 5, how relationally connected are you to fellow believers?
Why? Why not?
3. What is your primary spiritual gift? What do you love to do among God's people and see that it is used to help and encourage others?
4. What "next step" do you sense God wants you to take to develop a more sober self-assessment?

Resources from Living on the Edge to Help You Apply Romans 12:3-8

Your Divine Design, MP3s/DVD/Study Guide series, Book – Chip Ingram

Stop Faking It!, MP3s – Chip Ingram

For Women: *Precious in His Sight*, MP3s, Book, Affirmation Cards – Theresa Ingram