

Foundational Marriage Truths

Foundational truth #4 (for men):

I will choose to _____ my wife today in a _____ and _____ way that is meaningful to her. She is God's gift to me and I will _____ her just as Christ loves His bride, the Church.

Key verse:

²⁸ In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ²⁹ After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the Church.

Ephesians 5:28-29

Foundational truth #5 (for women):

I will choose to _____ and _____ my husband today in a specific and sacrificial way that is meaningful to him. He is God's gift to me and I will _____ with my words and actions for the glory of Christ.

Key verse:

¹⁰ A wife of noble character who can find? She is worth far more than rubies. ¹¹ Her husband has full confidence in her and lacks nothing of value. ¹² She brings him good, not harm, all the days of her life.

Proverbs 31:10-12

Discussion Questions:

1. What prevents you from consistently loving your spouse in the specific ways that are most meaningful to them?
2. **For the men:** Beyond saying "I love you," what specific actions make your wife feel truly cherished?
3. **For the women:** What specific words or actions best communicate respect and encouragement to your husband?
4. How does intentionally viewing your spouse as a "gift from God," change your daily attitude and actions toward them?
5. How does viewing your marriage as a testimony to the hope found in Jesus – change your motivation to love your spouse unselfishly?