

Introduction – Coaching tip #1: Everyone _____ a coach.

- Good coaches have lived through more, care about you, and have an objective lens.
- Good coaches speak the truth when you desperately need to hear it.

The context – historical and relational

From whom, to whom, why, and when?

Paul is writing to Timothy during the time Christianity is just getting birthed and when Nero is persecuting Christians around 62-64 A.D.

Paul’s coaching for Timothy

1 Timothy 1

- A tender tone. 1 Timothy 1:1-2
- A strong reminder. 1 Timothy 1:3-5
- A brief teaching. 1 Timothy 1:6-11
- A personal testimony. 1 Timothy 1:12-17
- A personal challenge – Fight the good fight! 1 Timothy 1:18-20

The coaching “nuggets” – If you don’t remember anything else...

The truth:

1. The goal of our instruction is love from: 1 Timothy 1:5

- A _____ heart.
- A _____ conscience.
- A _____ faith.
- Love is giving another person what they need the most when they deserve it the least at great personal cost.

2. Christ Jesus came into the world to save sinners 1 Timothy 1:15

Our response: 1 Timothy 1:18-19

- _____ the good fight.
- Keep the _____ and a good _____.
- Some have rejected and suffered shipwreck in regard to their _____.
 - Be careful with what you allow into your mind; don’t allow faith to drift or be pulled away.

Paul's coaching for us

The subject: False teachers and teaching.

The underlying issue: Truth – According to the Gospel.

The underlying question: Am I willing to defend the truth of God's Word in a hostile environment?

The action required: Step _____!

The unspoken need: To develop _____.

How?

1. **Head** = Know the Truth – Word

John 17:17
2 Timothy 2:15

2. **Heart** = Live the Truth – Mentor

John 8:31-32
Hebrews 3:13

3. **Hands** = Share the Truth – Practice

Matthew 28:18-20
2 Timothy 4:1-2

Discussion Questions:

1. Who is someone in your life that has coached you in some sort of way? What was most impactful about their coaching?
2. We all need people that will: tell us the truth, love us when we don't deserve it, help us understand our season of life, and motivate us to take the next step. Are you doing this for someone? Who is God leading you to coach? What steps can you take this week to start investing in that person?
3. Where is God calling you to step up in your family? At work or school? In your neighborhood? At church? What are some practical steps you can take to be a mentor in each of these areas?
4. Is what you are putting into your mind leading you to keep the faith and a good conscience? What changes do you need to make so that you can "fight the good fight?"
5. How are you defending the truth of God's Word in a hostile environment?