

Introduction – Coaching tip #4: Adversity will either _____
you or _____ you.

The context – why some “fall away”

Paul’s coaching for Timothy

1 Timothy 4

- Description of false teachers. 1 Timothy 4:1-5
- Prescription to be a true teacher. 1 Timothy 4:6-10
- Third personal challenge – lead by example! 1 Timothy 4:11-16

The coaching “nuggets” – If you don’t remember anything else...

The truth:

...**some will fall away** from the faith, paying attention to deceitful spirits and doctrines of demons

1 Timothy 4:1

For it is for this we labor and strive, because **we have fixed our hope** on the living God, who is the Savior of all men, especially of believers.

1 Timothy 4:10

Our response:

• ...**Discipline yourself** for the purpose of godliness 1 Timothy 4:7

• **Do not neglect** the spiritual gift within you... 1 Timothy 4:14

• **Take pains** with these things; **be absorbed** in them, so that your progress will be evident to all. **Pay close attention** to yourself and to your teaching; **persevere** in these things...

1 Timothy 4:15-16

Paul's coaching for us

The subject: Godly leadership amidst spiritual warfare.

The underlying issue: Timothy's personal growth and development.

The underlying question: Am I willing to pay the price to be a godly person and fulfill God's calling on my life?

The action required: Step _____!

- Go into spiritual training.
- Discover your spiritual gift.
- Find a mentor, friend, a band of brothers/sisters.

The unspoken need: To develop _____.

How?

1. **Head** = Know the source of discipline – Grace

Titus 2:11-13
Galatians 5:22-23

2. **Heart** = Embrace the process – Accountability

Hebrews 12:11
1 Corinthians 9:23-27

3. **Hands** = Practice the habits – Consistency

Romans 12:2
Colossians 3:12-17

Discussion Questions:

1. How do you typically respond to adversity?
2. What hinders you from fulfilling God's calling on your life?
3. How is God calling you to step out to be an example and not worry about what others think?
4. Do you know what spiritual gift God has equipped you with? How is He calling you to use it? (For more information on spiritual gifts, check out *Your Divine Design* resources at livingontheedge.org)
5. Write out the habits of discipline you will start to put into practice this week.
6. Who will you ask to keep you accountable? And who can you keep accountable?